Sports Mate (120-0138) Features Faxback Doc. # 3534

The Sports Mate(TM) FM Stereo Radio is designed for hands-free use indoors
or out. You can hang on to the handlebars of your bicycle or grab the tools in your workshop and still enjoy your radio by using it with the headband or the armband. The radio is so lightweight that you have only the high performance stereo to remind you that the radio exists.

Warning: Avoid listening to your radio with the volume so loud that your hearing might be impaired. Also, remember the importance
of sound to alert you to approaching traffic when you are driving, cycling, or jogging.

## INSTALLING THE BATTERY

Squeeze the latch to unfasten the clip. Then lift the clip.

Slide off the battery compartment cover by gripping the clip fastener and sliding the cover toward the outer edge of the radio. Insert one AAA battery, observe the correct polarity (+ and -).

We recommend using alkaline batteries such as Radio Shack's Cat. No. 23-555 for longer than standard battery life. Replace the battery compartment cover so that it snaps into position.

## ATTACHING THE HEADBAND

To attach the headband to the radio, unlatch and lift the clip. Lay one side of the headband against the radio and close the clip over it.

## ATTACHING AND REMOVING THE CORD HOLDER

The cord holder keeps the excess earpiece headphones cord out of your way when you are wearing the radio.

To attach the cord holder, slide the bottom portion of the cord holder into the headband. Position the cord holder along the headband so that it is close to the headphone jack of the radio.

Sometimes you might want the cord to be fully extended for better radio reception. In this instance, you might want to use the radio without the cord holder. Slip the cord holder out of the headband to remove it.

## ATTACHING THE ARMBAND

To attach the armband, remove the cord holder. Thread the armband hook-and-loop tape through the opening on the clip. Adjust the length of the armband so that the radio will lie in a comfortable position on your arm. Hold the radio in the desired position against your arm, and secure it in place.

## USING THE EARPIECE HEADPHONES

1. Plug the earpiece headphones into the earphones jack located on the side of the radio.

2. Adjust the length of the cord by wrapping it around the cord holder.

## PLAYING THE RADIO

The radio controls are easy to operate. You can operate the controls when the radio is on your head or on your arm. However, until you become acquainted with the performance of the radio, you might want to adjust the controls before using the radio with the headband.

1. Slide the OFF/STEREO/MONO switch to MONO or STEREO.

2. Adjust the TUNING control to tune to your desired FM station.

3. Place the earpiece in your ears.

4. Adjust the VOLUME control to a comfortable listening level.

5. To turn off the radio, slide the OFF/STERO/MONO switch to OFF.

Notes:

The earpiece headphones cord acts as an antenna. You might want to lengthen the cord to improve reception. To lengthen the cord, unwind it from the cord holder. Or, if you prefer, remove the cord holder altogether.

To save battery power, remember to turn off the radio when you are not listening to it.

Sports Mate (120-0138) Care and Maintenance Faxback Doc. # 3538

Replace the battery when the radio power weakens.

Weak or dead batteries can leak damaging chemicals. Dispose of depleted batteries.

Leave your radio in tact. If a problem occurs, take the product to your nearest Radio Shack store.

Use you radio in a normal temperature environment.

Clean the product with a soft cloth dampened with water only.

(LB/all-12/16/94)
LN-03/04